



Solo Flight

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Solo Flight – Singles In Community

Events for August 2010

August 1, Sunday - First Sunday Dinner: Join us for dinner following the 5:30 p.m. Eucharist. This month's dinner is at Bonefish Grill, 2400 South 3rd Street, Jacksonville Beach. Plan to be there at 6:45 p.m. For questions, contact Leslie Post at pisces4738@aol.com or 349-7556.

August 8, Sunday - Solo Flight Breakfast: Join other singles & help prepare and/or serve breakfast in the Parish Center from 6:45-10:45 a.m. Volunteers are always needed, especially for food preparation between 6:45 and 8:45 a.m. Come help out for an hour or two, or stick around longer. It is such an easy way to serve and a great opportunity to interact with others. For questions or to volunteer, contact Alan Wade at 242-4057.

August 14, Saturday - Dinner and a show in St. Augustine: Dinner and a show in St. Augustine. We will dine at Cap's on the Water and then go to the Limelight Theater for Dixie Swim Club, a hilarious and touching comedy about friendships that last forever. Contact the Limelight Theatre directly for availability for tickets. We will depart from CEC at 4:15 p.m. (garage parking lot). Contact Holly Scholl at 891-0209 or beachscholl@comcast.net if interested in riding the bus (\$5) or carpooling. If joining us at the restaurant, contact Judy Marcos at jamjudy55@aol.com in order to be included in the dinner reservation. Deadline for riding/carpooling and being included in the dinner reservation is August 9th. Contact either Holly or Judy with questions.

August 16, Monday - Third Monday Solo Social: Join us for fun and fellowship at Bonefish Grill, 2400 3rd Street South, Jacksonville Beach from 5:00-7:30 p.m. Questions? Contact Alan Wade at 242-4057.

Upcoming Events

September 11, Saturday - Kayak to Kingsley Plantation: We will kayak to historic Kingsley Plantation, have lunch and explore the plantation and grounds, and on the way back stop at a sandbar to swim and wade in the water. Kayaking is a fairly easy activity; we encourage everyone, even those who have never kayaked before, to participate in this fun filled event. For details on the trip and information on how to sign up, [click here](#). If you have any questions contact Emile Verges at (904) 553-1510 or ejverges@aol.com

September 15, Wednesday – Divorce Recovery: Solo Flight's next "Journey to Wholeness," a divorce recovery program is a 10 session recovery walk with others who understand and know the way. Parishioners and licensed mental health professionals, Deb Hardman and Carol Travis will facilitate and Bob Morris will serve as spiritual advisor. Space limited. A \$50 registration fee reserves your spot and pays for all material. Partial scholarships available. **Registration closes September 1.** Questions? Contact Terry Totman at 285-7390, x231 or terrytotman@christepiscopalchurch.org. To register contact Carol Travis at 824-6063.

October 2-3 Overnight Trip to Savannah: Save the date! Details coming soon.

November 5-8, 2010 - Bahamas Cruise Get-Away: *Lower Price!* 3 night Bahamas cruise with Royal Caribbean. Prices start at \$282.00 per person. For more information or to make a reservation contact: Lyn McCall, Valerie Wilson Travel at 285-2222 or lynm@vwti.com.

Solo Flight is a ministry that was created to address the needs of individuals in our community who have never been married, are divorced, or widowed. To better serve you, we are always looking for suggestions and ideas. Better yet, if you would like to play a more active role in the creation and management of activities and events, we encourage your participation. To become more involved in this vital, growing, ministry please contact Robin Ray at 716-4800 or robin@1stcoastprinting.com